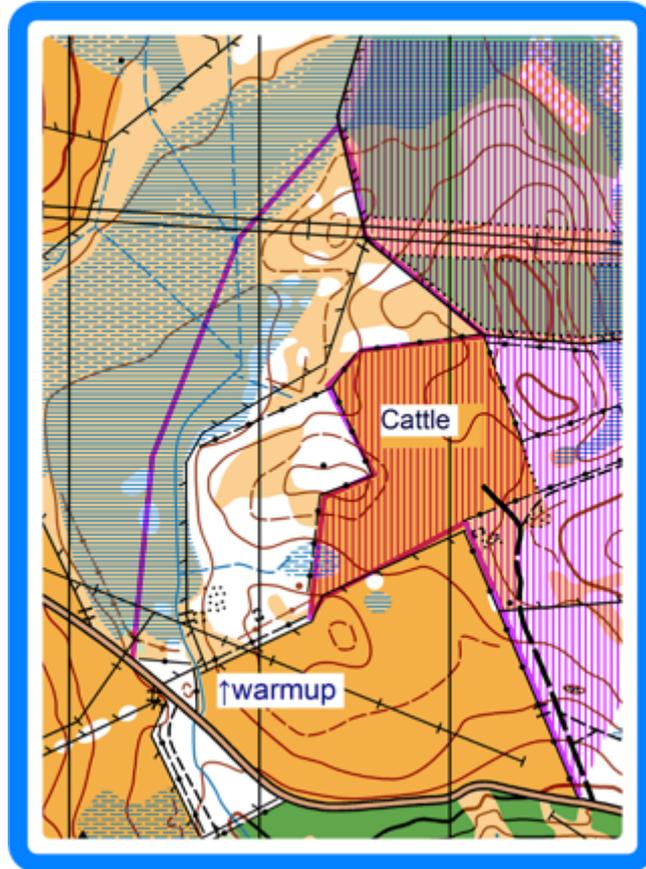


WARMUP AREA

(For all runners)



Please take care:

- Sheep may cross into this area from the neighbouring field – do not disturb
- Do not damage walls or fences
- Do NOT cross the tall deer fence at the Northern end.