

Berkshire Orienteers Southern Championships/Concorde Chase



**Sunday 26th January 2014
Star Posts**

Final Details

IMPORTANT - due to the recent heavy rain parking will be limited on the day of the event.

We ask that as many people as possible, park at the Assembly/North car parking area. This can only be accessed before 10.15am with no departure before 1pm (as the access route crosses a number of courses). A substantial section of the South parking area is very muddy and may turn into a quagmire once driven on. **Please e-mail the organiser if you did not select this option on Fabian4 and want to park at the North Parking area as we need to balance numbers across both areas.**

LOCATION: Parking is on forest rides accessed from two different gateways. There is a 10mph speed limit on the Crown Estate land.

ASSEMBLY / NORTH CAR PARKING – OPEN 0830:

This is in and around assembly and on immediately surrounding rides. This parking is for competitors arriving before 10.15am, no departure before 1pm. The access gate will close at 10.15am. Access from the A322 at GR SU885662 Postcode RG12 0SL from the North (Bracknell) bound lane of the A322. It is possible that cars entering may meet Husky sleds en route to parking, please give way!!

SOUTH CAR PARKING – OPEN 0900:

This parking is on several areas to the South of assembly, signed from the A30 at the junction with Yaverden Drive GR SU907628 nearest postcode GU19 5DA. There are road works close to this junction that may cause delays from both directions but please do not use Church Road as an alternative as it is effectively one way and will be busy with church goers at the time of this event. Entry to the South Car Parking is no later than 12.00pm, no exit before 12.30pm. **Please give way to any residents wishing to exit their driveways when entering.** There are several large log piles near to the Southern most parking area. Do not climb and prevent children from climbing on the log piles. The furthest parking is approximately 1.3km from assembly.

There is a £1 fee per vehicle. Please park as directed by the marshals.

FACILITIES:

Portaloos in the assembly area. Catering will be provided by Tom's Burger Van and Podium Catering. Ultrasport and Compass Point will also be present.

FIRST AID:

Available at assembly, nearest Hospital is Frimley Park Hospital, Portsmouth Road, Frimley GU16 7UJ.

DOGS:

Permitted on Crown Estate land, on leads. Not permitted on the courses. Please clean up after your dog.

REGISTRATION:

Entry into the Southern Championships is pre-entry only.

NUMBERED BIBS are to be worn by all competitors - numbers to be collected outside EMIT card tent, (numbering as per Fabian4 entry numbers). EOD will be given bibs on entry.

There will be limited EOD for colour-coded courses - White, Yellow, Orange and Light Green.

Registration between 9.30am and 11.30am. There are NO starts on EOD after 12:00pm.

Colour coded EOD fees: Seniors - £13 + £2 for non BOF members + £1.50 EMIT hire

Juniors - £5 - EMIT hire free

There is also a free string course close to the assembly area – open 10.00 am to 12.30pm.

STARTS:

Please collect your numbered bib before walking to the start.

There are two Starts. From assembly, **North Start** is 700m (20 mins walk), **South Start** is 300m (10 mins walk). There is no warm-up area at South Start. Call up is at -5 mins. Loose control descriptions will be available in the start lanes.

Starts are from 10 to 12.30 at South Start, with last Elite start at 12.00.

North Start is open from 10.00 to 12.30, with last junior starts at 12:00.

There will be no clothing dump for this event,

TERRAIN:

Managed coniferous and deciduous forest with some bracken (dying down) in parts. This area is heavily used by the general public and smaller paths regularly appear and disappear with use and undergrowth. There are some marshes and these are currently very wet with the recent rainfall.

MAP:

1:10,000 and 1:15,000 maps, 5m contours Re-surveyed 2013 by Katy Stubbs.

Courses 1 - 7 A4 1:15,000

Courses 8 - 18 A3 1:10,000

Courses 19 - 20 A4 1:10,000

All maps are printed on waterproof paper. There are no legends on any maps. We hope that loose copies of map legends will be available at Enquiries.

Non-standard symbols:

X (black) = hide (<2m high). Many larger skeletal hide-like structures, often temporary in nature, are not mapped.

X (blue) = water tank (dry).

The light green screen is used mainly to show reduced visibility (trees closer together). Runnability in these sections can often be good.

There is one wide ride on the course used for parking. It is marked as OOB on the map, with obvious crossing gaps in the middle and at each end. Course lines have been bent to show routes through or round this area as appropriate.

IMPORTANT: Special map symbol

Crown Estates has constructed three major mountain bike trails throughout Star Posts during 2013. The trails twist and undulate, and can have downhill sections where riders might travel at significant speed.

Riders should be using only these three trails, hence they can get busy, particularly at weekends.

Sometimes riders are in small groups, making crossing more difficult.

Map Advisory Group has authorised the use of a new symbol to mark trails, which could be potential risks to runners. The symbol uses purple crosses at regular intervals along a path symbol, as shown below.



These paths can be crossed, but must not be run along. Stop before or after crossing, but **never** stop on the route. Where a bike route is particularly twisty, the map can become crowded with crosses, however, such terrain is crossable with care. The trails are all one-way. All older bike trails marked as normal paths may be crossed or run along, as these should be bike-free. Be Bike Aware at all times. Courses 17-20 do not cross marked trails.

SAFETY:

Apart from the mountain bike routes already mentioned, Star Posts is heavily used by walkers, many with dogs, and occasionally horse riders. Please be aware and considerate of other users around you.

All competitors are reminded to dress appropriately for their ability and the conditions on the day. Whilst the competition area is not particularly high or exposed, the risk of hypothermia in cold and/or wet weather at this time of year is real. You are advised to carry a whistle for your own safety. The recognised distress signal is 6 short blasts repeated after a minutes silence.

Anyone arriving alone who wishes to be checked back in please leave your car keys at Enquiries.

COURSES:

Course Number	Men Classes	Men 'S' Classes	Women Classes	Women 'S' Classes	Colour Coded Courses	Length (km)	Climb (m)	No. of controls	Map Size	Map Scale	Start
1	M21E					16.4	330	33	A4	1:15k	South
2			W21E			10.4	250	24	A4	1:15k	South
3	M21L					13.6	300	29	A4	1:15k	South
4	M20E M18E M35L M40L					11.7	260	24	A4	1:15k	South
5	M20L M18L	M21S	W21L			8.5	220	19	A4	1:15k	South
6		M35S M40S	W20E W18E W35L W40L			7.8	180	19	A4	1:15k	South
7		M20S M18S M21V	W20L W18L	W21S		6.0	150	16	A4	1:15k	South
8	M45L M50L					9.8	240	21	A3	1:10k	South
9	M55L M60L					8.5	220	19	A3	1:10k	South
10	M16A					7.7	200	19	A3	1:10k	South
11	M65L	M45S M50S	W45L W50L			7.1	160	17	A3	1:10k	South
12	M70L	M55S M60S	W55L W60L W16A	W35S W40S		6.2	150	18	A3	1:10k	South
13	M75L M80L	M65S	W65L W70L	W20S W18S W21V W45S W50S		5.2	140	15	A3	1:10k	South

14	M85	M70S M75S M80S M85	W75 W80	W55S W60S W65S W70S		3.5	90	15	A3	1:10k	North
16	M14A	M16B				5.7	160	17	A3	1:10k	North
17			W14A	W16B	Lt Green	4.0	100	15	A3	1:10k	North
18	M12A	M14B	W12A	W14B	Orange	3.7	90	15	A3	1:10k	North
19	M10A	M12B	W10A	W12B	Yellow	2.8	80	13	A4	1:10k	North
20		M10B		W10B	White	2.0	40	11	A4	1:10,000	North

Course lengths and class mixes have been planned to 2013 Rules, with expected winning times in the middle of BOF guidelines. However, the recent very wet weather may affect runnability and could lengthen some times. Bracken has subsided significantly in recent weeks.

There is no spectator control (or commentary due to the request of the land-owners).

CONTROL DESCRIPTIONS

Control descriptions will be printed on the front of the map. Loose descriptions will be available in the -3 minute box at the starts.

Yellow and White will have text control descriptions, all other courses will have IOF Control Descriptions.

COURSE CLOSURE:

Closing time on all courses is 14.30. Controls will be removed progressively from near each Start earlier than this once all competitors have cleared the immediate area. It is your responsibility to enter the appropriate course for your skill and expertise level and to get back to the finish before courses close.

YOU MUST REPORT TO DOWNLOAD BEFORE LEAVING THE EVENT

PRIZE GIVING:

Southern Championship prizegiving will start at 1.30pm in Assembly – junior courses first.

ROUTE GADGET:

Courses will be shown on the BKO website RouteGadget as soon as possible after the event. We encourage everyone to show their routes there, from Elite to Orange. Comments on courses are welcome at sc14planner@bko.org.uk

RESULTS:

On the day of the event live results will be posted online at <http://www.oevents.info/live/>

After the event results will be posted on www.emit-uk.com

ACKNOWLEDGEMENTS:

We would like to thank Crown Estates and in particular Dan West for permitting us to hold this event on their land. I would also like to thank all the volunteers without whose support this event would not take place.

OFFICIALS:

ORGANISER: Fiona Clough (BKO) Event telephone 07719 590542 - concorde@bko.org.uk

PLANNER: Martin Wilson (BKO)

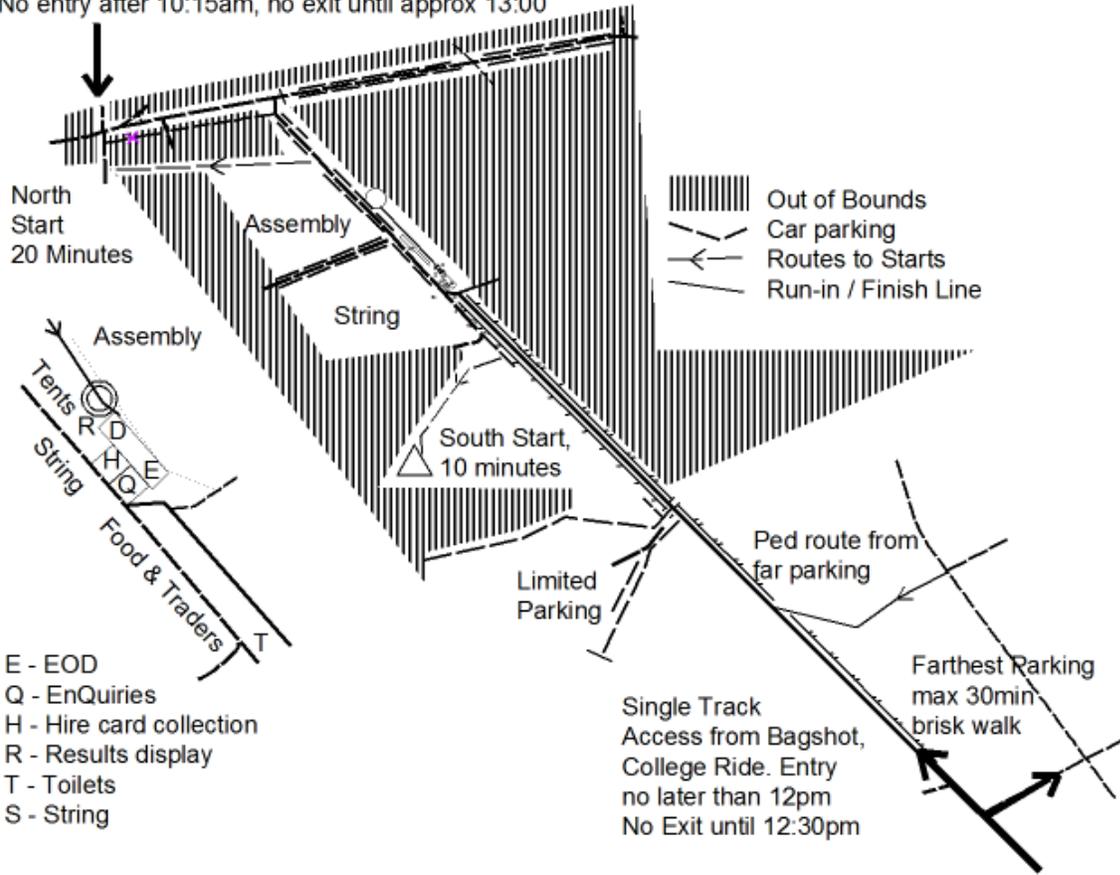
CONTROLLER: Peter Brett (DEVON)

COMPETITORS TAKE PART AT THEIR OWN RISK

Entry details will be stored in a computer. Submission of an entry for the event will indicate your acceptance of this procedure.

In the event of cancellation of the event, part or all, of your entry fee may be retained.

Access from A322 (northbound!!)
 No entry after 10:15am, no exit until approx 13:00



- E - EOD
- Q - Enquiries
- H - Hire card collection
- R - Results display
- T - Toilets
- S - String