

## Scottish Orienteering Urban League guidelines

### Urban guidelines

SOUL events should follow as closely as possible the comprehensive BOF Urban events guideline, the updated version of which can be found here:

[http://www.britishorienteering.org.uk/images/uploaded/downloads/events\\_guideline\\_e.pdf](http://www.britishorienteering.org.uk/images/uploaded/downloads/events_guideline_e.pdf)

This provides guidance on course lengths, combinations and specific advice regarding safety for juniors.

In addition to the BOF guideline the following guidance is provided to SOUL series organisers regarding junior courses, with the aim of informing parents.

- All junior courses should comply with BOF guidance that under 16s should not cross roads with busy traffic.
- In line with BOF guidance on **shadowing**, unless otherwise stated by individual race organisers, juniors being shadowed on junior courses shall remain competitive for the SOUL series.
- Course M/W 12- maps should where possible be provided to competitors at registration to allow parents to judge whether or not shadowing is appropriate.
- Where possible the Technical difficulty (TD) and distance of the junior courses should be provided at the pre-entry stage.

### Event selection

Scottish Clubs will be invited to submit events for inclusion in the SOUL. Once accepted they will be added to the event list. Expectation is events would be level C or above. Nopesport Urban League events may be included unless otherwise advised by the organiser, unless this is to the detriment of the factors given below. In the event that more than 7 events are submitted, a decision will be made by the organiser in conjunction with the fixtures secretary and competitions convenor to ensure that factors such as potential fixture clashes, quality of competition and geographical spread are taken into account. Priority will be given to events which achieve suitable junior courses (under BOF U-16 guidance) and Saturday events which are geographically combined with a SOL weekend or other significant event will also be encouraged.

**Classes** (as per Nopesport Urban League for 2012) ie.

- M/W 12-
- M/W16- (with regard to the BOF requirements for under 16's running in urban areas)
- M/W Open
- M/W Vet (40+)
- M/W Supervet (55+)
- M/W Ultravet (65+)

**Points will be awarded to finishers on each CLASS** as follows: 100, 96, 93, 91, 90, 89...

At any given race, a competitor may score in only one class. Unless specified otherwise beforehand, he (or she) will score in the lowest class for which he is eligible; for example, if W Vet and W Supervet share a course, a W55 would score only as a W Supervet. A competitor who runs a course above that designated for his class will score in the lowest class for which he is eligible, e.g. an M55 running up on a course designated for M Open, W Open and M Veteran would score only as M Veteran.

- In a competition with parallel heats and a set of graded finals, points will be awarded from the top of the A final downwards. Anybody not finishing both races will be disregarded.
- Coordinator reserves the right to amend the scoring system during the year, with the aim of promoting competition or improving fairness in unforeseen circumstances.

Roger Thetford who administers the Nopesport Urban League scoring system has agreed to administer the league scoring software for this league. A local or National BOF number will be required to participate.

**Organisers please read Roger's comprehensive guidance on the scoring system** (<http://www.oxfordfusion.com/NopeUL/OrganisersInstructions.pdf>) before opening up for pre-entry, as the guidance includes information about how best to set up the event to allow results to be exported for the league scores.

Best 4 from 7 scores to count towards overall outcome of league.

Certificates for the 1,2,3 in each class at the end of the league. In the event that sponsorship is gained for the league, prizes may also be offered.